

## SOCIAL MARKET

### Getting Started

1. Make a list of the things you would like to do or be a part of. Be sure to choose things you'd *like* to do and not just things you think will appeal to women. Review the list you created on the Lifestyle Worksheet #2, in category 5: Elements I want to add or see my lifestyle reflect **or** some of the things you are **currently** doing for ideas. If you still can't come up with anything, here's a brief set of ideas:

- Dancing
- Game clubs
- Movie clubs
- Toastmasters
- Metaphysical discussion groups
- Cooking classes
- Classes of ANY sort
- Neighborhood social or improvement groups
- Political, environmental or social action groups
- Biking/ cycling clubs or groups
- Swimming clubs or groups
- Running clubs or groups
- Cross country skiing
- Reading groups/ book clubs
- Community support or volunteering
- Wine tasting groups
- Co-ed softball (or any sport)
- Singles groups or clubs

Answer here -

Use this list as your foundation for your Social Market activities. Follow the instructions listed in the social market lessons and in the book (see Chapter 16) for detailed guidelines and **have fun!**