

UNIQUE APPEALING PERSONA

Worksheet #2

1. Take your answers from worksheet #1 so that the more appealing traits for each answer are prioritized. Take the top 5 from each question and put in one of these categories:

1. Strengths or Already Appealing

2. Will Be Appealing When Implemented or Mastered

3. Need to Work on or Camouflage (these are things that you don't want to play up, but want to make less visible while you work on them).

2. Take your answers from the "Need to work on or camouflage" category and list them from worst or most offensive to least offensive.

3. Take two answers from this list and decide what course of action you would need to take to make these items a reality in your life- look for solutions.

1.

2.

4. From these solutions, decide on how you will implement these on a daily basis in order to be, act or have the traits you desire.

Daily Action Steps:

1.

2.

Once you've created a new habit or belief or have corrected old behavior, you can return to your list and add these items to your strengths category. This is no race! This is meant only to be a way to keep you motivated and accountable. Real change means that it becomes habitually integrated into your lifestyle.